

Welcome to Upplands Väsby – for experiences beyond the ordinary



Gunnes Gård – Viking Age Farmstead



Gunnes Gård is an open air museum and reconstruction of a farm from Viking times dating back to the early 11th century. The farm is beautifully situated in an area full of prehistoric remains where the animals graze on old burial mounds.

Opening Hours:

April-May, Saturday-Sunday,

10 a.m. –4 p.m. Juny–Augusti,

Tuesday–Sunday, 10 a.m.–4 p.m.

September–October, Saturday–

Sunday, 10 a.m.–4 p.m.

For more information:

08-590 849 28

Address: Ryttargatan 270 (Smedby).

Experience the Tranquility of the Swedish Outdoors



Take a walk along the discovery trail where you can enjoy birdsong and see the Swedish natural world in all its glory. The trail stretches along historical navigation routes that were used for transport as early as the Viking Age. The trail is divided into twelve sections which are indicated on a separate map of the discovery trail “Experience Väsby”.

A Wealth of Rune Stones

The Vikings left behind many rune stones – remarkable raised stones with inscribed messages and memorials. They constitute the oldest preserved original documents in the Swedish language and are therefore an important link to the past. The 13th century Fresta church is the one place in the world where the most rune stones have been found in a single location.



A total of 15 rune stones, some whole and some in fragments, are preserved in the masonry of the church walls or spread around the churchyard. The rune stones tell of Viking journeys; many raids took the Vikings eastward into Russia and Istanbul, Turkey, and some even as far as to Baghdad in Iraq.
Address: Fresta Kyrkväg.

Ancient Stronghold and Ship Tumulus at Runsa



On a headland high above the surface of a bay on Lake Mälaren lies the ancient Runsa stronghold. This is where the region’s ruling family resided during the middle of the Iron Age (300–500 B.C.) Right below the stronghold is a ship tumulus measuring 56 meters long and 16 meters wide that forms part of a burial ground dating from 400–500 A.D.
Address: Runsavägen along Lake Mälaren between the manor house and stronghold.

Local History Center



The local history center is comprised of several buildings from the 18th and 19th centuries. In the 1790s, the homestead served as lodgings for military musicians, including the North African kettle drummer Antoine Zamore. Prehistoric burial grounds surround the homestead and just a few hundred meters south lies Upplands Väsby’s largest burial mound from the Viking Age.
Address: Hagvägen 2

For more information:

08-590 976 00

www.upplandsvasby.se



Upplands Väsby
kommun

Shop at Väsby Centrum



Väsby Centrum is a centrally located modern shopping center where you'll find some 80 shops, several well-known fashion clothing stores, restaurants, cafés, liquor store, pharmacy, banks, hair salons and other services you might need.

Business Hours: Monday–Friday 10 a.m.–7 p.m. Saturday 10 a.m.–5 p.m., Sunday 11 a.m.–5 p.m. Supermarkets open 8 a.m.–10 p.m. daily.

Address: Dragonvägen 86

Wäsby GK – more than just golf



During the summer you can play golf, shop in the pro-shop or have a meal in the restaurant at the Wäsby Golf Club.

Play 9 or 18 holes of golf on courses located in a beautiful park setting. To book green times phone: 08-514 103 50.

Pro-shop business hours: Monday–Thursday 8:30 a.m.–7 p.m., Friday 8:30 a.m.–5 p.m., Sat.–Sun. 8 a.m. – 4 p.m.

Restaurant business hours: Open daily 11 a.m.–9 p.m., Sunday Brunch 11 a.m.–3 p.m.

Address: Nibble väg 1. Take the Vallettunavägen road.

Miniature Golf

The course is open daily from 11 a.m.–9 p.m. during the summer season.

Address: Dragonvägen

For more information: 08-590 305 50.

Go-Kart Racing – ÖsWeRing



Experience the speed, excitement and fun offered by one of Sweden's oldest go-kart courses established in 1966. There is also a mini-course for kids aged 6-10 years. Refreshments and ice-cream are available at the snack bar. Drop-in driving on Sundays. For drop-in info on other days phone 08-590 380 55.

Business Hours: Monday–Thursday 12 p.m.–7 p.m., Friday–Sunday 12 p.m.–6 p.m.

Address: Almungevägen/Hargs säteri.

Bowling

The Upplands Väsby Bowling Alley has 10 lanes with automatic TV scorers that keep track of your points for you. To book a lane phone:

08-590 310 10

Business Hours: Monday–Thursday 10 a.m.–10 p.m., Friday 1 p.m.–10 p.m., Saturday 10 a.m.–10 p.m., Sunday 10 a.m.–7 p.m.

Canoeing on Lake Mälaren



Explore Viking land by canoe. The Viking Trail (Vikingaleden) is an 80 km canoe route that takes you past ancient strongholds and castles along the shores of Lake Mälaren.

Canoes are available for rent at the Glid canoe club. They are open from mid-June to mid-August (weeks 25-34) and the clubhouse is staffed daily from 10 a.m. – 5 p.m.

For more information and bookings please phone: 08-590 837 55, Clubhouse, tel: 08-590 835 11 (only during weeks 25-34).

Outdoor Summer Swimming



Kairo on Lake Mälaren is the largest outdoor swimming area in Upplands Väsby and includes an outdoor snack bar where you can buy refreshments. Address: Runsavägen, Route 880.

You'll find some smaller swimming beaches at Norrviken, Bollstanäsbadet and at Lake Fysingen located behind the Löwenströmska hospital area.

Summer Cinema

You can go to the cinema at Kulturhuset on Mondays, Wednesdays, Fridays or Sundays at 7p.m. from 11 July through 13 August.

Address: Centralvägen 9

More information: 08-590 930 25

Fadderbyn Activity Center



Young and old alike can try different activities at the Fadderbyn activity center. Ride on a world-class BMX course, where you can jump and do tricks on BMX or mountain bikes. Bikes are available for rent. Or go rock climbing on a boulder wall that has 10 different routes, each nine meters high. If you're interested in skateboarding there is a concrete skatepark that features a fun box, grind rails, launch ramp and more. Also features a covered mini-ramp. Address: Hotellvägen (behind the Scandic Hotel)

Business Hours: Open daily and evenings. Not staffed when raining.

Tel: 08-590 912 01.